

Running Club Registration Form

(Please make checks payable to Stone Canyon PTO and return to PTO mailbox in front office or sign up at www.eventbrite.com (for a \$2.05 service fee) and search "Stone Canyon Elementary Running Club")

Name: _____

Grade: _____ Teacher: _____

Emergency Contact #: _____

Circle Your T-Shirt Size:

Youth: S M L Adult: S M L XL XXL

If you would like to volunteer to help with Running Club, please list your name and contact number!

Waiver: I acknowledge and understand that there are risks associated with participation in outdoor activities. I am willing to assume the risks associated with participation and accept there are also risks that may arise due to other participants, which I also willingly assume. I agree, and the participants named, to comply with all stated and customary terms, posted safety signs, rules and verbal instructions as conditions for participation in the Stone Canyon Elementary Running Club. I also agree to indemnify Owasso Public Schools for any defense cost or expense arising from any and all claims, injuries, liabilities or damages arising from participation. My child is of physical ability to participate and I am legally competent to understand and complete this agreement. I hereby execute this agreement without coercion.

Signed: _____ Date: _____

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**Running Club will meet
every Wednesday from
3:30 - 4:30 pm
March 28 through April 25!**

Join us in preparing for the Stone Canyon Hero Run on April 27, 2018!

Families are welcome to participate in Running Club, but are not required!

Cost: \$10/person

This is for all five sessions and includes a Running Club t-shirt!

Must register by **March 14th** in order to receive a running club shirt

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Runners need to remember to bring sunblock, water bottles and appropriate shoes!

Contact Melissa Lewis at (918) 740-2166 or osumw@hotmail.com with questions or if you would like to volunteer!

Runner's World Shoe Sizing

February 21, 2018

Media Center @ 3:30

Shoe experts from Runner's World will be on hand in our media center after school on Wed., Feb. 21.

Come have your feet sized for great running shoes and receive a discount on your order!

Runner's World will deliver the shoes to our school when they arrive!

This is available for both adults and children!

(Payment must be made to Runner's World at time of ordering.)

Find us on Facebook @ "Stone Canyon Elementary Running Club" for more information and updates!